

Ranking: Texas is 39th this year; it was 40th in 2008.

Strengths: Strengths include high immunization coverage with 78.6 percent of children ages 19 to 35 months receiving complete immunizations, a low rate of cancer deaths at 185.2 deaths per 100,000 population and few poor mental days per month at 3.2 days in the previous 30 days.

Challenges: Challenges include a high rate of uninsured population at 25.1 percent, a high percentage of children in poverty at 23.1 percent of persons under age 18, low public health funding at \$47 per person, a high incidence of infectious disease at 22.6 cases per 100,000 population and limited availability of primary care physicians with 95.0 primary care physicians per 100,000 population. Texas ranks lower for health determinants than for health outcomes, indicating that overall healthiness may decline over time.

Significant Changes:

▼ In the past year, the rate of preventable hospitalizations decreased from 87.6 to 81.2 discharges per 1,000 Medicare enrollees.

▲ In the past five years, geographic disparity within the state increased from 12.2 percent to 15.3 percent.

▼ Since 1990, the prevalence of smoking decreased from 30.6 percent to 18.5 percent of the population.

▲ Since 1990, the prevalence of obesity increased from 12.3 percent to 28.9 percent of the population.

Health Disparities: In Texas, obesity is more prevalent among Hispanics at 31.8 percent and non-Hispanic blacks at 39.2 percent than non-Hispanic whites at 24.7 percent. The prevalence of diabetes also varies by race and ethnicity in the state; 12.2 percent of non-Hispanic blacks have diabetes and 10.6 percent of Hispanics have diabetes compared to 8.1 percent of non-Hispanic whites. In addition, mortality rates vary in Texas with 1,053.0 deaths per 100,000 population among non-Hispanic blacks compared to 674.7 deaths per 100,000 population among Hispanics and 807.0 deaths per 100,000 population among non-Hispanic whites.

State Health Department Web Site:
www.dshs.state.tx.us

Overall Rank: 39

Change: ▲ 1

Determinants Rank: 46

Outcomes Rank: 26

Strengths:

- High immunization coverage
- Few poor mental days per month
- Low rate of cancer deaths

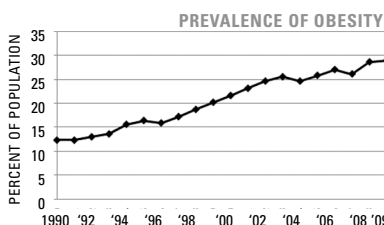
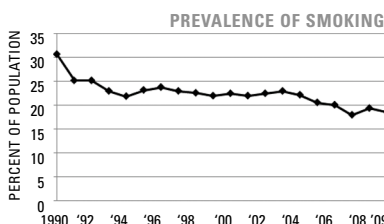
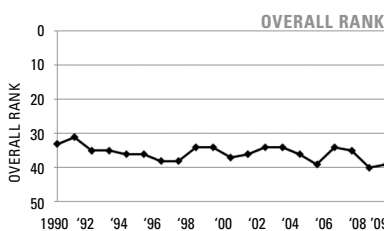
Challenges:

- High rate of uninsured population
- High percentage of children in poverty
- Low per capita public health funding

Significant Changes:

- In the past year, the rate of preventable hospitalizations decreased by 7%
- In the past five years, geographic disparity within the state increased by 25%
- Since 1990, the prevalence of smoking decreased by 40%
- Since 1990, the prevalence of obesity increased by 135%

ECONOMIC ENVIRONMENT	
Unemployment Rate (Aug 2009)	8.0%
Underemployment Rate (2008)	9.1%
Median Household Income (2008)	\$46,490



DETERMINANTS	2009		NO. 1 STATE
	VALUE	RANK	
BEHAVIORS			
Prevalence of Smoking (Percent of population)	18.5	26	9.3
Prevalence of Binge Drinking (Percent of population)	15.1	22	9.0
Prevalence of Obesity (Percent of population)	28.9	37	19.1
High School Graduation (Percent of incoming ninth graders)	72.5	35	87.5
COMMUNITY & ENVIRONMENT			
Violent Crime (Offenses per 100,000 population)	508	39	118
Occupational Fatalities (Deaths per 100,000 workers)	5.7	28	3.1
Infectious Disease (Cases per 100,000 population)	22.6	44	2.4
Children in Poverty (Percent of persons under age 18)	23.1	43	8.6
Air Pollution (Micrograms of fine particles per cubic meter)	11.0	26	4.8
PUBLIC & HEALTH POLICIES			
Lack of Health Insurance (Percent without health insurance)	25.1	50	5.4
Public Health Funding (Dollars per person)	\$47	43	\$220
Immunization Coverage (Percent of children ages 19 to 35 months)	78.6	17	85.0
CLINICAL CARE			
Prenatal Care (Percent of pregnant women)*	61.8	—	—
Primary Care Physicians (Number per 100,000 population)	95.0	42	190.0
Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	81.2	39	29.3
ALL DETERMINANTS			
	-0.37	46	0.83
HEALTH OUTCOMES			
Poor Mental Health Days (Days in previous 30 days)	3.2	19	2.2
Poor Physical Health Days (Days in previous 30 days)	3.7	38	2.7
Geographic Disparity (Relative standard deviation)	15.3	41	4.3
Infant Mortality (Deaths per 1,000 live births)	6.4	20	4.8
Cardiovascular Deaths (Deaths per 100,000 population)	290.1	29	212.6
Cancer Deaths (Deaths per 100,000 population)	185.2	16	144.7
Premature Death (Years lost per 100,000 population)	7,609	26	5,595
ALL HEALTH OUTCOMES			
	0.05	26	0.35
OVERALL			
	-0.32	39	1.06

— indicates data not available. *See measure description for full details.