



Vermont

OVERALL RANK: 1

CHANGE: ▲ 3

DETERMINANTS RANK: 1

OUTCOMES RANK: 6

STRENGTHS

- Low incidence of chlamydia
- Low violent crime rate
- Low percentage of uninsured population

CHALLENGES

- High incidence of pertussis
- High occupational fatality rate
- High cancer death rate

HIGHLIGHTS

- In the past three years, drug deaths increased 52% from 13.1 to 19.9 deaths per 100,000 population
- In the past 15 years, air pollution decreased 47% from 9.7 to 5.1 micrograms of fine particles per cubic meter
- Despite decreasing since 2016, chlamydia increased 10% from 269.9 to 297.9 cases per 100,000 population in the past year
- In the past three years, violent crime increased 46% from 118 to 172 offenses per 100,000 population
- In the past year, disparity in health status decreased 49% from 33.8% to 17.4%
- In the past year, diabetes increased 12% from 8.2% to 9.2% of adults

WEBSITE: healthvermont.gov

RANKINGS MEASURES

Measure	Rating	2019 Value	2019 Rank
BEHAVIORS			
Drug Deaths (Deaths per 100,000 population)	+++	19.9	27
Excessive Drinking (Percentage of adults)	+++	18.5%	30
High School Graduation (Percentage of students)	+++++	89.1%	8
Obesity (Percentage of adults)	+++++	27.5%	8
Physical Inactivity (Percentage of adults)	+++++	18.9%	4
Smoking (Percentage of adults)	+++++	13.7%	10
Behaviors * (All Behaviors Measures)	+++++	0.178	4
COMMUNITY & ENVIRONMENT			
Air Pollution (Micrograms of fine particles per cubic meter)	+++++	5.1	4
Children in Poverty (Percentage of children ages 0-17)	+++++	12.1%	8
Community & Environment * (All Community & Environment Measures)	+++++	0.223	4
Infectious Disease * (Mean z score of chlamydia, pertussis and Salmonella)	++	0.017	31
Chlamydia (Cases per 100,000 population)	+++++	297.9	2
Pertussis (Cases per 100,000 population)	+	17.3	49
Salmonella (Cases per 100,000 population)	++	17.0	33
Occupational Fatalities (Deaths per 100,000 workers)	+++	4.8	28
Violent Crime (Offenses per 100,000 population)	+++++	172	2
POLICY			
Immunizations - Adolescents * (Mean z score of HPV, meningococcal and Tdap)	+++++	1.070	4
HPV Immunization Females (Percentage of females ages 13-17)	++++	59.6%	13
HPV Immunization Males (Percentage of males ages 13-17)	+++++	64.3%	5
Meningococcal Immunization (Percentage of adolescents ages 13-17)	+++	90.0%	13
Tdap Immunization (Percentage of adolescents ages 13-17)	+++++	95.1%	4
Immunizations - Children (Percentage of children ages 19-35 months)	+++	74.0%	15
Public Health Funding (Dollars per person)	+++++	\$144	6
Uninsured (Percentage of population)	+++++	4.3%	3
Policy * (All Policy measures)	+++++	0.156	3
CLINICAL CARE			
Dentists (Number per 100,000 population)	+++	56.8	22
Low Birthweight (Percentage of live births)	+++++	6.7%	4
Mental Health Providers (Number per 100,000 population)	+++++	452.3	4
Preventable Hospitalizations (Discharges per 1,000 Medicare enrollees)	+++	39.4	11
Primary Care Physicians (Number per 100,000 population)	+++	188.7	11
Clinical Care * (All Clinical Care measures)	+++++	0.131	6
ALL DETERMINANTS			
All Determinants * (All Determinants)	+++++	0.687	1
OUTCOMES			
Cancer Deaths (Deaths per 100,000 population)	++	197.0	33
Cardiovascular Deaths (Deaths per 100,000 population)	+++	238.7	19
Diabetes (Percentage of adults)	+++++	9.2%	8
Disparity in Health Status (Percentage point difference)	+++++	17.4%	3
Frequent Mental Distress (Percentage of adults)	+++	12.1%	19
Frequent Physical Distress (Percentage of adults)	+++	12.0%	23
Infant Mortality (Deaths per 1,000 live births)	+++++	4.0	3
Premature Death (Years lost before age 75 per 100,000 population)	+++	6,646	14
All Outcomes * (All Outcomes Measures)	+++++	0.163	6
OVERALL			
Overall * (Overall)	+++++	0.850	1

RATING	RANK
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

* Value indicates z score. Negative scores are below US value; positive scores are above US value. For complete definitions of measures including data sources and years, see "[Appendix: Rankings Measures Table](#)".

- Data Unavailable

Measure	Rating	2019 Value	2019 Rank
Adverse Childhood Experiences (Percentage of children ages 0-17)	+++	21.5%	25
Arthritis (Percentage of adults)	++	28.4%	32
Asthma (Percentage of adults)	+	12.0%	48
Cancer (Percentage of adults)	++	7.5%	32
Cardiovascular Diseases (Percentage of adults)	+++++	7.7%	10
Cholesterol Check (Percentage of adults)	+++	86.1%	22
Chronic Kidney Disease (Percentage of adults)	+++++	2.0%	1
Chronic Obstructive Pulmonary Disease (Percentage of adults)	++++	6.2%	19
Colorectal Cancer Screening (Percentage of adults ages 50-75)	++++	71.8%	15
Concentrated Disadvantage (Percentage of households)	+++++	2.5%	1
Dedicated Health Care Provider (Percentage of adults)	+++++	85.7%	4
Dental Visit (Percentage of adults)	+++++	72.6%	5
Depression (Percentage of adults)	++	21.2%	34
Disconnected Youth (Percentage of teens and young adults ages 16-24)	++++	9.7%	13
Economic Hardship Index * (Index of 1 to 100)	+++++	22.0	8
Fruits (Mean number of fruits per day)	+++++	1.8	2
Heart Attack (Percentage of adults)	++++	4.3%	17
Heart Disease (Percentage of adults)	+++++	3.6%	10
High Blood Pressure (Percentage of adults)	++++	30.4%	13
High Cholesterol (Percentage of adults)	+++++	30.4%	6
High Health Status (Percentage of adults)	+++++	56.8%	2
Injury Deaths (Deaths per 100,000 population)	+++	77.8	24
Insufficient Sleep (Percentage of adults)	+++++	29.9%	4
Median Household Income (Dollars per household)	++++	\$70,066	14
Multiple Chronic Conditions (Percentage of adults)	+++	10.0%	24
Neighborhood Amenities (Percentage of children ages 0-17)	+++	33.8%	29
Seat Belt Use (Percentage of adults)	+++	85.5%	28
Severe Housing Problems (Percentage of occupied housing units)	.	.	.
Stroke (Percentage of adults)	++++	2.7%	12
Suicide (Deaths per 100,000 population)	++	17.9	31
Underemployment Rate (Percentage of civilian workforce)	+++++	5.7%	5
Unemployment Rate, Annual (Percentage of civilian workforce)	+++++	2.7%	4
Vegetables (Mean number of vegetables per day)	+++++	2.7	2
Voter Registration (Percentage of citizens registered to vote)	++++	69.0%	19
Water Fluoridation (Percentage of population served)	++	56.3%	40

RATING	RANK
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

For complete definitions of measures including data sources and years, see [Appendix: Supplemental Measures Table](#)".

- Data Unavailable

Obesity



27.5%



SINCE 2018, OBESITY* **DECREASED**
FROM 27.6% TO 27.5%

* Percentage of adults

Diabetes



9.2%



SINCE 2018, DIABETES* **INCREASED**
12% FROM 8.2% TO 9.2%

* Percentage of adults

Infant Mortality



4.0



SINCE 2018, INFANT MORTALITY*
INCREASED 3% FROM 3.9 TO 4.0

* Deaths per 1,000 live births

Children in Poverty



12.1%



SINCE 2018, CHILDREN IN POVERTY*
DECREASED 18% FROM 14.8% TO
12.1%

* Percentage of children ages 0-17

Mental Health Providers



452.3



SINCE 2018, MENTAL HEALTH
PROVIDERS* **INCREASED 4% FROM**
433.4 TO 452.3

* Number per 100,000 population

Suicide



17.9



SINCE 2018, SUICIDE* **DECREASED**
1% FROM 18.1 TO 17.9

* Deaths per 100,000 population



Top 5 States

1: VERMONT



2: MASSACHUSETTS



3: HAWAII



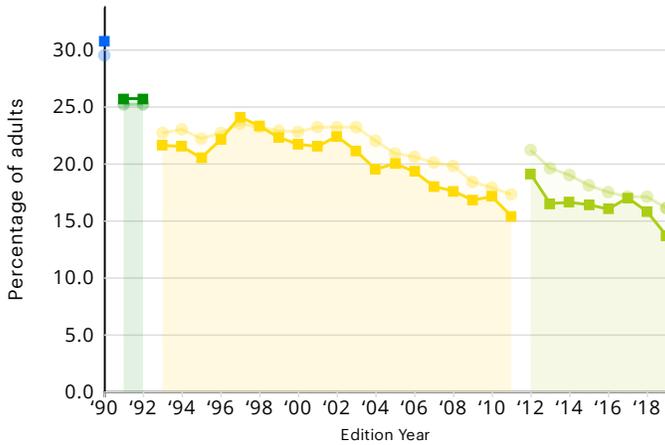
4: CONNECTICUT



5: UTAH



Smoking



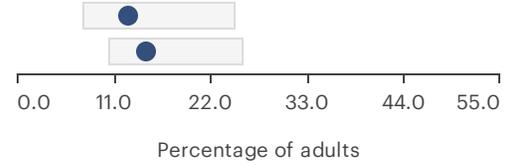
- Percentage of adults age 20+ who are currently smokers
- Percentage of persons age 16+ who smoke tobacco products
- Percentage of adults who reported smoking at least 100 cigarettes in their lifetime and currently smoke daily or some days (pre-2011 BRFSS methodology)
- Percentage of adults who reported smoking at least 100 cigarettes in their lifetime and currently smoke daily or some days

■ Vermont ● United States

□ Range of Values for all States ● VT Value

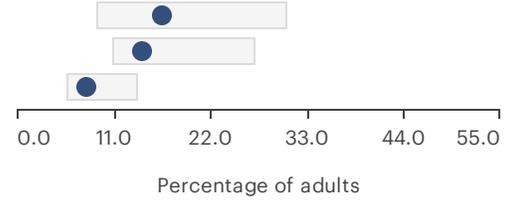
GENDER

- Female
- Male



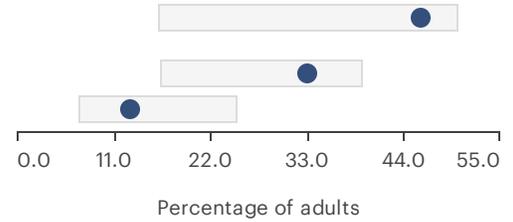
AGE

- Ages 18-44
- Ages 45-64
- Ages 65+



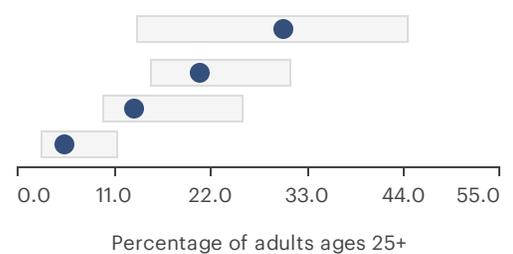
RACE/ETHNICITY

- American Indian/Alaska Native
- Multiracial
- White



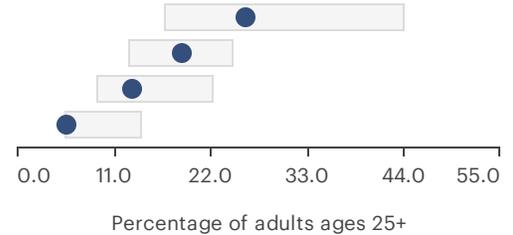
EDUCATION

- Less Than High School
- High School Grad
- Some College
- College Grad



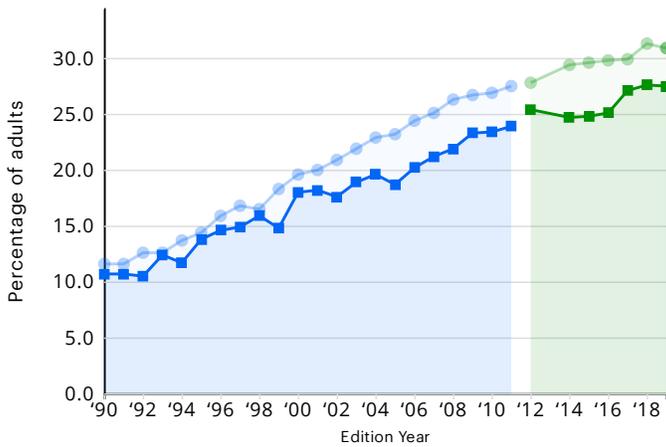
INCOME

- Less Than \$25,000
- \$25-\$49,999
- \$50-\$74,999
- \$75,000 or More



Data suppression rules are as defined by the original source.
Race and ethnicity populations are as defined by the original source.

Obesity



■ Percentage of adults with a body mass index of 30.0 or higher based on reported height and weight (pre-2011 BRFSS methodology)

■ Percentage of adults with a body mass index of 30.0 or higher based on reported height and weight

■ Vermont

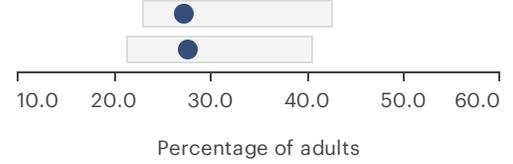
● United States

■ Range of Values for all States **●** VT Value

GENDER

Female

Male

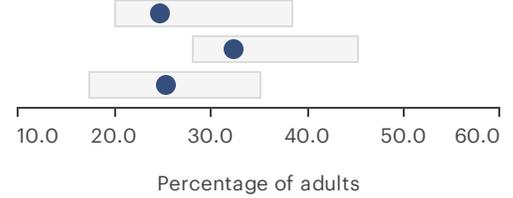


AGE

Ages 18-44

Ages 45-64

Ages 65+

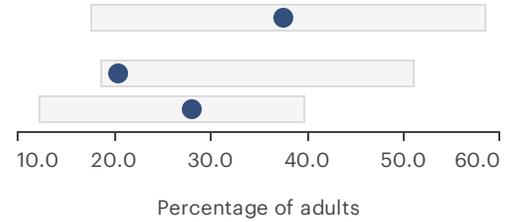


RACE/ETHNICITY

American Indian/Alaska Native

Multiracial

White



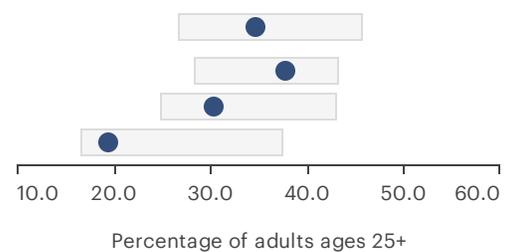
EDUCATION

Less Than High School

High School Grad

Some College

College Grad



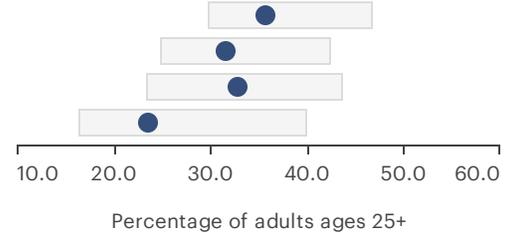
INCOME

Less Than \$25,000

\$25-\$49,999

\$50-\$74,999

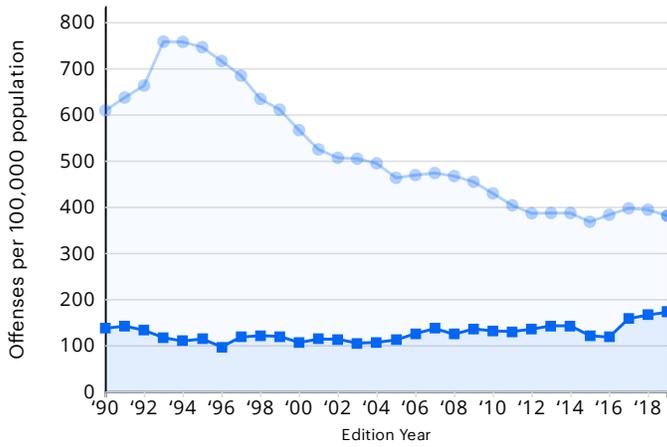
\$75,000 or More



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Violent Crime



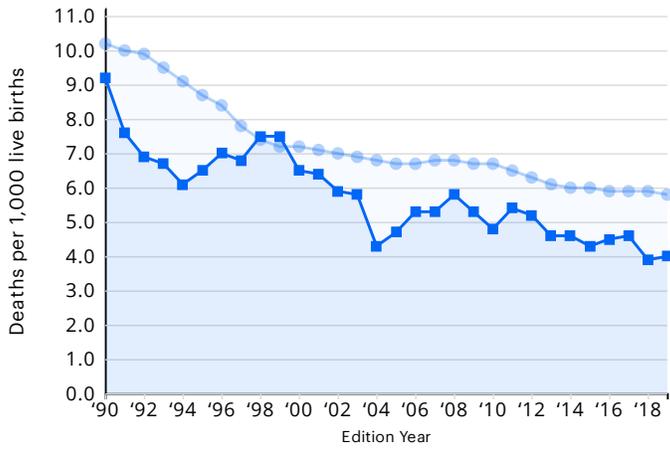
Number of murders, rapes, robberies and aggravated assaults per 100,000 population

■ Vermont

● United States

Sub-Population Data Unavailable

Infant Mortality



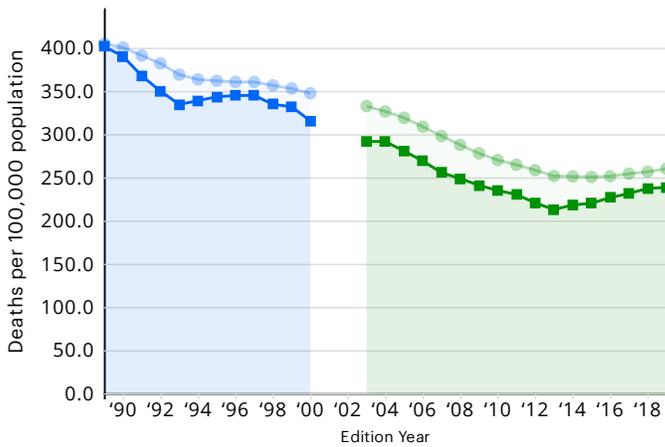
■ Number of infant deaths (before age 1) per 1,000 live births (2-year estimate)

■ Vermont

● United States

Sub-Population Data Unavailable

Cardiovascular Deaths



Blue Number of deaths due to all cardiovascular diseases including heart disease and stroke per 100,000 population (3-year estimate age-adjusted to mid-year)(ICD-9)

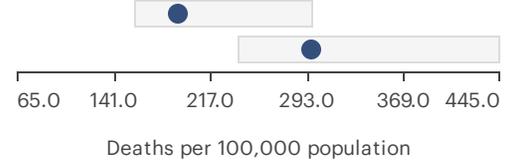
Green Number of deaths due to all cardiovascular diseases including heart disease and stroke per 100,000 population (3-year estimate age-adjusted to mid-year)

■ Vermont **●** United States

□ Range of Values for all States **●** VT Value

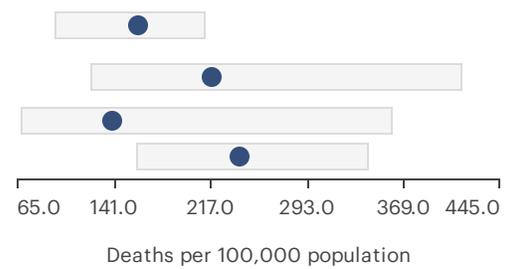
GENDER

Female
Male



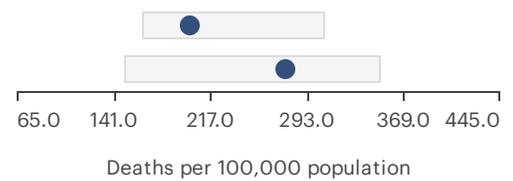
RACE/ETHNICITY

Asian/Pacific Islander
Black/African American
Hispanic/Latino
White



AGE-ADJUSTMENT METHODS

Standard Age Adjustment
Crude Rate

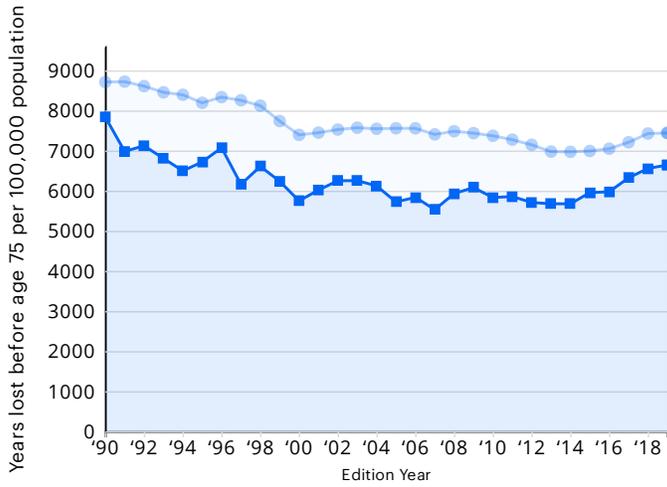


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VIEW OPTIONS:

[View By Other Age-Adjustment Methods](#)

Premature Death



■ Number of years of potential life lost before age 75 per 100,000 population

■ Vermont ● United States

Sub-Population Data Unavailable

