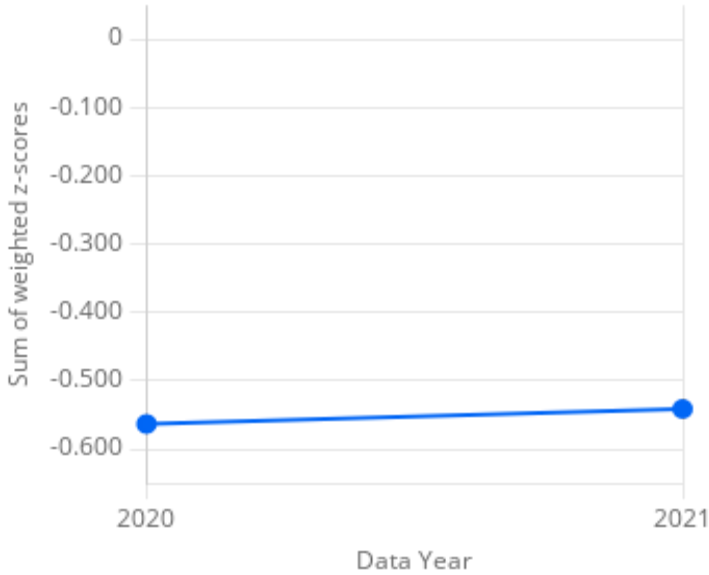




Oklahoma



Sum of weighted z-scores of measures for women and children

STRENGTHS

- Low prevalence of excessive drinking among women
- Low racial disparity among children in poverty
- Low prevalence of illicit drug use among youth

CHALLENGES

- High infant mortality rate
- High teen birth rate
- Low prevalence of exercise among women

HIGHLIGHTS

- Obesity increased 19% from 30.8% to 36.8% of women ages 18-44 between 2013-2014 and 2018-2019
- Well-woman visit increased 20% from 58.5% to 70.0% of women ages 18-44 between 2013-2014 and 2018-2019
- Smoking decreased 26% from 24.2% to 17.8% of women ages 18-44 between 2013-2014 and 2018-2019
- Frequent mental distress increased 30% from 16.6% to 21.6% of women ages 18-44 between 2013-2014 and 2018-2019

WEBSITE: oklahoma.gov/health

Measure	Rating	2021 Value	2021 Rank
Social and Economic Factors - HWC *	+	-0.465	44
Sum of weighted z-scores			
Social and Economic Factors - Women *	+	-0.641	45
Sum of weighted z-scores			
Community and Family Safety - Women *	++	-0.350	37
Sum of weighted z-scores			
Intimate Partner Violence Before Pregnancy † ^[1]	.	.	.
Percentage of women with a recent live birth			
Violent Crime	++	432	37
Offenses per 100,000 population			
Economic Resources - Women *	+	-0.705	44
Sum of weighted z-scores			
Concentrated Disadvantage	++	25.6%	33
Percentage of households			
Food Insecurity	+	14.7%	46
Percentage of households			
Gender Pay Gap †	+	73.3%	47
Female earnings as percentage of male earnings			
Poverty - Women	+	19.4%	43
Percentage of females ages 18-44			
Unemployment - Women	++	3.7%	33
Percentage of female civilian workforce			
Education - Women *	+	-1.430	46
Sum of weighted z-scores			
College Graduate - Women	+	26.7%	46
Percentage of women ages 25-44			
Social Support and Engagement - Women *	+++	0.041	25
Sum of weighted z-scores			
Infant Child Care Cost †	++++	11.7%	19
Percentage of married couple's median income			
Residential Segregation - Black/White	++++	57	14
Index from 0-100			
Voter Participation (Average) - Female	+	56.9%	42
Percentage of female U.S. citizens ages 18+			
Social and Economic Factors - Children *	+	-0.360	43
Sum of weighted z-scores			
Community and Family Safety - Children *	.	.	.
Sum of weighted z-scores			
Child Victimization †	++	15.9%	40
Number per 1,000 children			
Economic Resources - Children *	++	-0.110	39
Sum of weighted z-scores			
Children in Poverty	+	19.9%	43
Percentage of children ages 0-17			

Children in Poverty Racial Disparity Ratio	++++	2.9	11
High-speed Internet - Children Percentage of households with children	++	91.3%	36
Students Experiencing Homelessness Percentage of public school students	+	3.3%	41
WIC Coverage Percentage of children ages 1-4	++++	54.8%	20
Education - Children * Sum of weighted z-scores	+++	-0.095	28
Early Childhood Education Percentage of children	++	43.7%	37
Fourth Grade Reading Proficiency Percentage of students	+	28.5%	46
High School Graduation Percentage of students	+++	84.9%	30
High School Graduation Racial Disparity Percentage point difference	+++++	6.2	3
Social Support and Engagement - Children * Sum of weighted z-scores	+	-1.117	47
Adverse Childhood Experiences Percentage of children ages 0-17	++	17.5%	37
Foster Care Instability Percentage of children in foster care	++	19.6%	40
Neighborhood Amenities Percentage of children ages 0-17	+	15.4%	49
Reading, Singing or Storytelling Percentage of children ages 0-5	+	48.6%	46
Physical Environment - HWC * Sum of weighted z-scores	+	-0.268	41
Air and Water Quality - HWC * Sum of weighted z-scores	+	-0.484	43
Air Pollution Micrograms of fine particles per cubic meter	+	8.4	43
Drinking Water Violations Percentage of community water systems	+	2.4%	44
Household Smoke Percentage of children ages 0-17	+	19.8%	45
Risk-screening Environmental Indicator Score Unitless score	+++	4,039,297	26
Water Fluoridation Percentage of population served	++	67.5%	32
Climate Change - Annual * † None	.	.	.
Climate Change Policies † Number of four policies	++	0	36

Transportation Energy Use † Trillions of BTUs per 100,000 population	+	11.7	45
Housing and Transportation - HWC * Sum of weighted z-scores	+++	0.093	26
Drive Alone to Work - Women Percent of workers	+	82.2%	44
Housing With Lead Risk Percentage of housing stock	+++	14.7%	21
Severe Housing Problems Percentage of occupied housing units	++++	14.0%	15
Clinical Care - HWC * Sum of weighted z-scores	+	-0.448	43
Clinical Care - Women * Sum of weighted z-scores	+	-0.422	41
Access to Care - Women * Sum of weighted z-scores	+	-0.748	44
Adequate Prenatal Care Percentage of live births	+++	78.1%	27
Avoided Care Due to Cost - Women Percentage of women ages 18-44	+	22.5%	41
Publicly-funded Women's Health Services Percentage of need met	++++	30%	16
Uninsured Women Percentage of women ages 19-44	+	21.6%	49
Women's Health Providers Providers per 100,000 females ages 15 and older	+	36.2	47
Preventive Clinical Care - Women * Sum of weighted z-scores	++	-0.159	37
Cervical Cancer Screening Percentage of women ages 21-44	++	79.1%	37
Dental Visit - Women Percentage of women ages 18-44	++	63.4%	40
Flu Vaccination - Women Percentage of women ages 18-44	++++	36.9%	15
Postpartum Visit †[1] Percentage of women with a recent live birth	.	.	.
Well-woman Visit Percentage of women ages 18-44	++	70.0%	39
Quality of Care - Women * Sum of weighted z-scores	++	-0.150	39
Breastfeeding Initiation † Percentage of live births	++	81.3%	32
Dedicated Health Care Provider - Women Percentage of women ages 18-44	++	70.5%	35
Low-risk Cesarean Delivery Percentage of singleton, term, vertex, first births	+++	24.5%	25

Maternity Practices Score	++	75	36
Maternity Practices in Infant and Nutrition Care survey score			
Clinical Care - Children *	+	-0.477	43
Sum of weighted z-scores			
Access to Care - Children *	+	-0.737	42
Sum of weighted z-scores			
ADD/ADHD Treatment	++++	4.3%	11
Percentage of children ages 3-17			
Pediatricians	+	64.7	45
Number per 100,000 children ages 0-21			
Uninsured Children	+	8.6%	46
Percentage of children ages 0-18			
Preventive Clinical Care - Children *	+	-0.485	41
Sum of weighted z-scores			
Childhood Immunizations	+++	77.9%	21
Percentage of children by age 35 months			
HPV Vaccination	+	41.8%	47
Percentage of adolescents ages 13-17			
Preventive Dental Care - Children	+	75.4%	41
Percentage of children ages 1-17			
Well-child Visit	++	77.2%	40
Percentage of children ages 0-17			
Quality of Care - Children *	++	-0.207	40
Sum of weighted z-scores			
Adequate Insurance	++++	69.0%	18
Percentage of children ages 0-17			
Developmental Screening	+	26.2%	44
Percentage of children ages 9-35 months			
Medical Home	++	47.1%	39
Percentage of children ages 0-17			
Behaviors - HWC *	+	-0.803	45
Sum of weighted z-scores			
Behaviors - Women *	+	-0.780	43
Sum of weighted z-scores			
Nutrition and Physical Activity - Women *	+	-1.519	50
Sum of weighted z-scores			
Exercise - Women	+	13.8%	50
Percentage of women ages 18-44			
Fruit and Vegetable Consumption - Women	+	5.7%	50
Percentage of women ages 18-44			
Physical Inactivity - Women	+	25.4%	41
Percentage of women ages 18-44			
Sexual Health - Women *	+++	-0.090	26
Sum of weighted z-scores			
Chlamydia - Women	++	1,948.4	40
Cases per 100,000 females ages 15-44			

High-risk HIV Behaviors - Women Percentage of women ages 18-44	++++	9.2%	19
Unintended Pregnancy † ^[1] Percentage of women with a recent live birth	•	•	•
Sleep Health - Women * Sum of weighted z-scores	+++	-0.170	29
Insufficient Sleep - Women Percentage of women ages 18-44	+++	36.8%	29
Smoking and Tobacco Use - Women * Sum of weighted z-scores	++	-0.815	31
E-cigarette Use - Women † Percentage of women ages 18-44	+	8.3%	49
Smoking - Women Percentage of women ages 18-44	+++	17.8%	28
Smoking During Pregnancy Percentage of live births	++	9.7%	35
Behaviors - Children * Sum of weighted z-scores	+	-0.828	43
Nutrition and Physical Activity - Children * Sum of weighted z-scores	+	-0.622	42
Breastfed Percentage of infants	++	23.7%	35
Food Sufficiency Percentage of children ages 0-17	+	61.2%	48
Physical Activity - Children Percentage of children ages 6-17	+++	23.0%	25
Soda Consumption - Youth † Percentage of high school students	•	14.2%	•
Sexual Health - Youth * Sum of weighted z-scores	+	-1.770	47
Dual Contraceptive Nonuse - Youth † Percentage of high school students	•	87.2%	•
Teen Births Births per 1,000 females ages 15-19	+	27.4	47
Sleep Health - Children * Sum of weighted z-scores	++	-0.440	33
Adequate Sleep Percentage of children ages 6-17	++	63.8%	33
Sleep Position † ^[1] Percentage of women with a recent live birth	•	•	•
Smoking and Tobacco Use - Youth * Sum of weighted z-scores	++	-0.930	35
Electronic Vapor Product Use - Youth † Percentage of high school students	•	27.8%	•
Tobacco Use - Youth Percentage of children ages 12-17	++	5.3%	35

Health Outcomes - HWC *	+	-0.588	43
Sum of weighted z-scores			
Health Outcomes - Women *	++	-0.723	38
Sum of weighted z-scores			
Behavioral Health - Women *	+++	0.000	21
Sum of weighted z-scores			
Drug Deaths - Women †	++++	16.6	19
Deaths per 100,000 females ages 20-44			
Excessive Drinking - Women	+++++	14.0%	4
Percentage of women ages 18-44			
Frequent Mental Distress - Women	++	21.6%	38
Percentage of women ages 18-44			
Illicit Drug Use - Women (18-49)	++	11.5%	34
Percentage of women ages 18-49			
Postpartum Depression † ^[1]	.	.	.
Percentage of women with a recent live birth			
Mortality - Women *	++	-0.920	38
Sum of weighted z-scores			
Maternal Mortality † ^[2]	.	.	.
Deaths per 100,000 live births			
Mortality Rate - Women	++	122.6	38
Deaths per 100,000 women ages 20-44			
Physical Health - Women *	+	-1.196	45
Sum of weighted z-scores			
Frequent Physical Distress - Women	+	10.4%	42
Percentage of women ages 18-44			
High Blood Pressure - Women	++	12.5%	37
Percentage of women ages 18-44			
High Health Status - Women †	+	50.3%	42
Percentage of women ages 18-44			
Maternal Morbidity †	.	7.0	.
Per 1,000 births			
Multiple Chronic Conditions - Women	+	6.4%	42
Percentage of women ages 18-44			
Arthritis - Women †	++	12.2%	37
Percentage of women ages 18-44			
Asthma - Women †	++	13.3%	35
Percentage of women ages 18-44			
Cancer - Women †	+	3.9%	46
Percentage of women ages 18-44			
Cardiovascular Disease - Women †	.	3.3%	.
Percentage of women ages 18-44			
Chronic Kidney Disease - Women †	.	1.7%	.
Percentage of women ages 18-44			
Depression - Women †	++	30.7%	34
Percentage of women ages 18-44			

Chronic Obstructive Pulmonary Disease - Women † Percentage of women ages 18-44	•	3.2%	•
Diabetes - Women † Percentage of women ages 18-44	+++	3.3%	25
Obesity - Women Percentage of women ages 18-44	+	36.8%	44
Health Outcomes - Children * Sum of weighted z-scores	+	-0.492	44
Behavioral Health - Children * Sum of weighted z-scores	++++	0.034	20
Alcohol Use - Youth Percentage of children ages 12-17	+++++	8.2%	7
Anxiety Percentage of children ages 3-17	++++	8.8%	17
Depression Percentage of children ages 3-17	++	5.3%	39
Flourishing Percentage of children ages 0-17	+++	69.1%	27
Illicit Drug Use - Youth Percentage of children ages 12-17	++++	7.7%	18
Teen Suicide † Deaths per 100,000 adolescents ages 15-19	•	17.8	•
Mortality - Children * Sum of weighted z-scores	+	-1.310	45
Child Mortality Deaths per 100,000 children ages 1-19	++	32.5	39
Infant Mortality Deaths per 1,000 live births	+	7.4	47
Neonatal Mortality † Deaths per 1,000 live births	+	4.7	45
Physical Health - Children * Sum of weighted z-scores	+	-0.578	44
Asthma Percentage of children ages 0-17	+	10.6%	49
High Health Status - Children † Percentage of children ages 0-17	+	88.1%	48
Low Birthweight Percentage of live births	+++	8.2%	24
Low Birthweight Racial Disparity Ratio	+	2.2	45
Overweight or Obesity - Youth Percentage of children ages 10-17	+++	32.3%	29
Overall - Women * Sum of weighted z-scores	•	-0.578	•
Overall - Children * Sum of weighted z-scores	•	-0.464	•

Overall - HWC *	•	-0.541	•
Sum of weighted z-scores			
Demographics - Health of Women and Children * †	•	•	•
None			
Population - Women Ages 18-44 † Percentage of population	•	17.6%	•
Population-Children (Under age 18) † Percentage of population	•	24.1%	•
Population - Infants (Age <1) † Percentage of population	•	1.2%	•
Children with Special Health Care Needs † Percentage of children ages 0-17	•	23.5%	•

RATING RANK

+++++	1 - 10
++++	11 - 20
+++	21 - 30
++	31 - 40
+	41 - 50

* Value indicates a score. Higher scores are healthier and lower scores are less healthy. For measure definitions, including data sources and years, see "[Data Sources and Measures](#)".

† Not included in the overall score

• Data Unavailable

[1] Data is not available

[2] Results are suppressed due to inadequate sample size and/or to protect identity

Children in Poverty



19.9%



SINCE 2020, CHILDREN IN POVERTY* **DECREASED 8% FROM 21.7% TO 19.9%**

* Percentage of children ages 0-17

Low Birthweight



8.2%



SINCE 2020, LOW BIRTHWEIGHT* **DECREASED 1% FROM 8.3% TO 8.2%**

* Percentage of live births

Low-risk Cesarean Delivery



24.5%



SINCE 2020, LOW-RISK CESAREAN DELIVERY* **DECREASED FROM 24.6% TO 24.5%**

* Percentage of singleton, term, vertex, first births

Teen Births



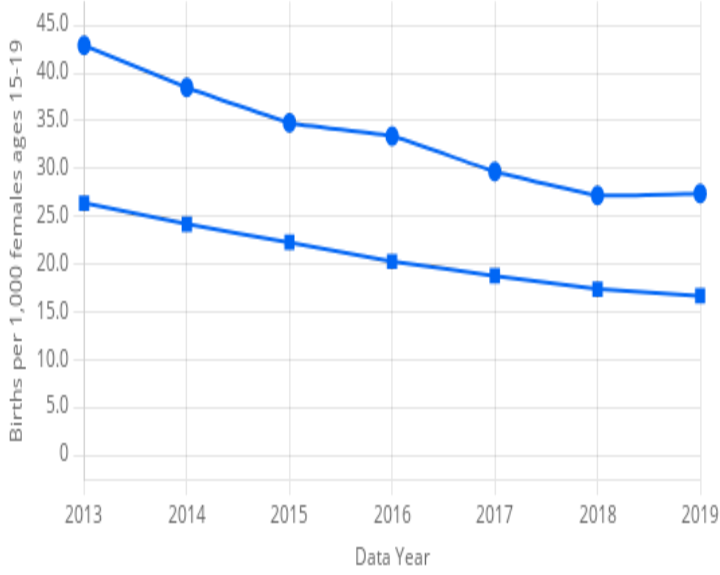
27.4



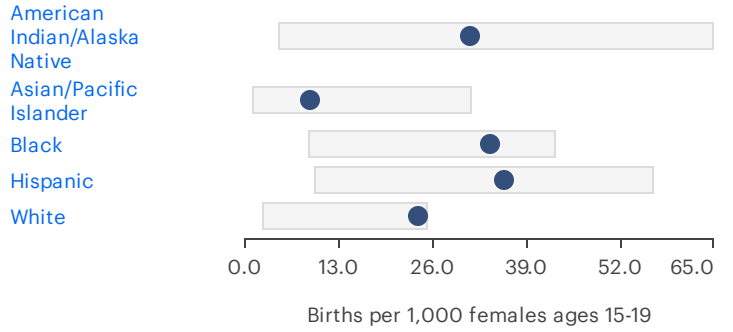
SINCE 2020, TEEN BIRTHS* **INCREASED 1% FROM 27.2 TO 27.4**

* Births per 1,000 females ages 15-19

Teen Births



RACE/ETHNICITY

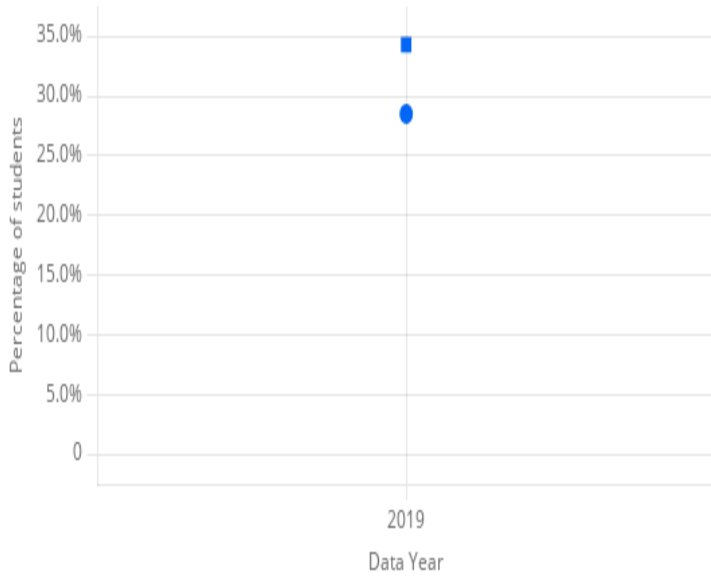


Data suppression rules are as defined by the original source.
Race and ethnicity populations are as defined by the original source.

Births per 1,000 females ages 15-19

● Oklahoma ■ United States

Fourth Grade Reading Proficiency

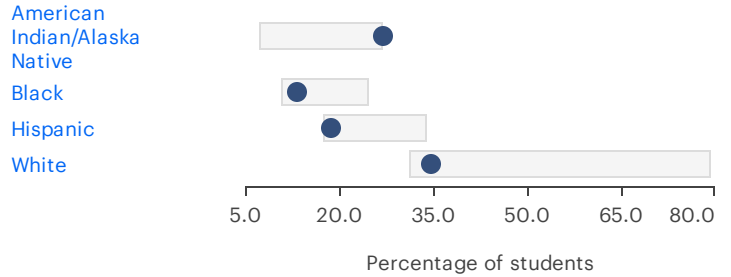


Percentage of fourth grade public school students who scored proficient or above on the National Assessment of Educational Progress assessment in reading comprehension

● Oklahoma ■ United States

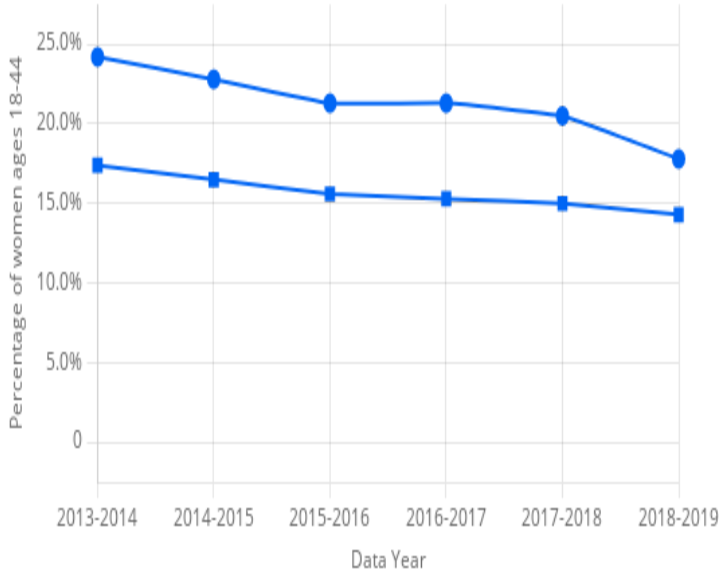
Range of Values for All States OK Value

RACE/ETHNICITY



Data suppression rules are as defined by the original source.
Race and ethnicity populations are as defined by the original source.

Smoking - Women

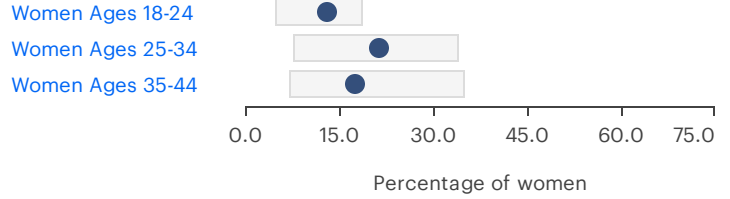


Percentage of women ages 18-44 who reported smoking at least 100 cigarettes in their lifetime and currently smoke daily or some days

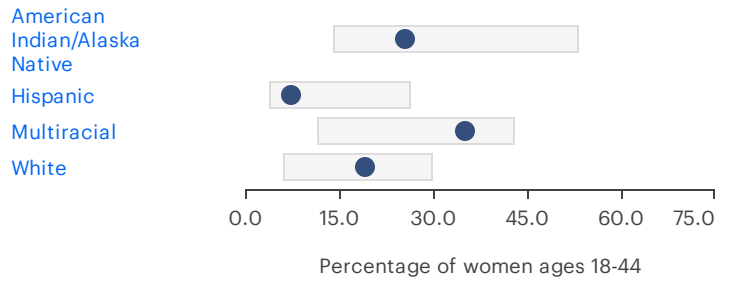
● Oklahoma ■ United States

□ Range of Values for All States ● OK Value

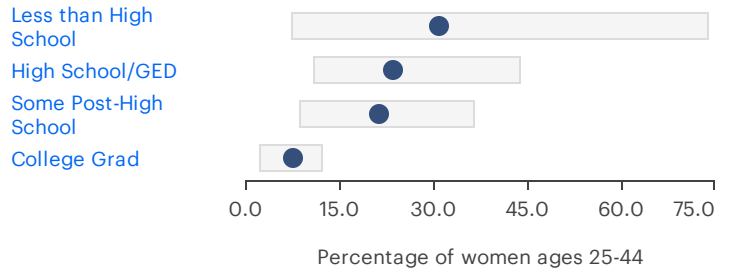
AGE



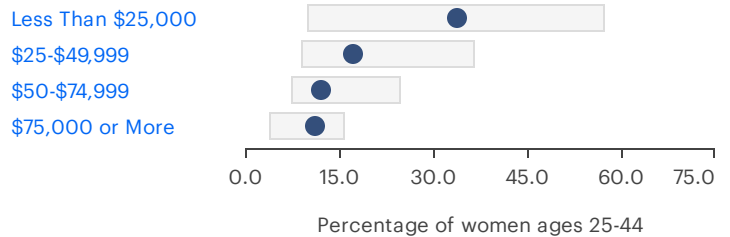
RACE/ETHNICITY



EDUCATION



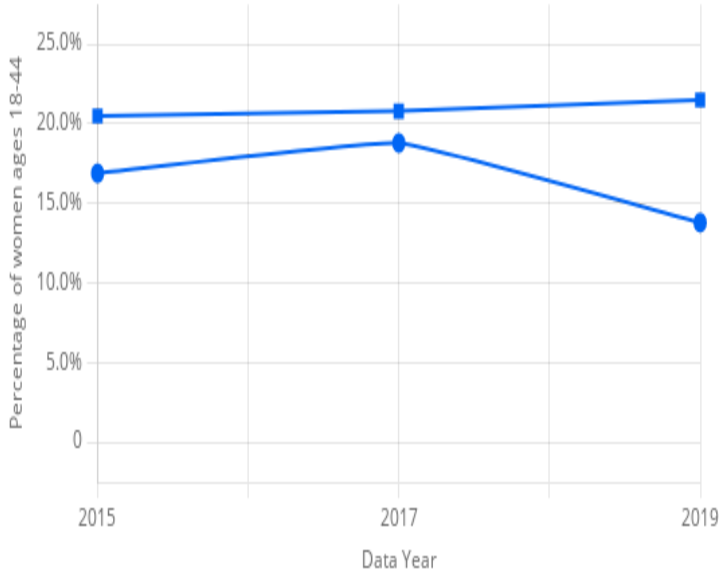
INCOME



Data suppression rules are as defined by the original source.

Race and ethnicity populations are as defined by the original source.

Exercise - Women



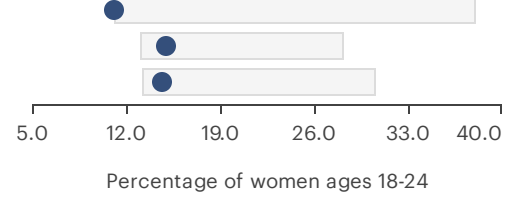
Percentage of women ages 18-44 who met the federal physical activity guidelines (150 minutes of moderate or 75 minutes of vigorous aerobic activity and two days of muscle strengthening per week) in the past 30 days

● Oklahoma ■ United States

Range of Values for All States OK Value

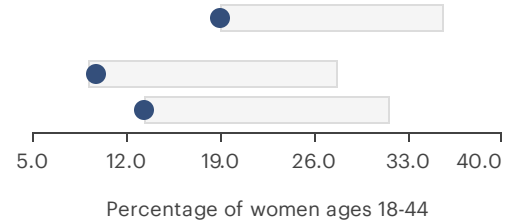
AGE

- Ages 18-24
- Ages 25-34
- Ages 35-44



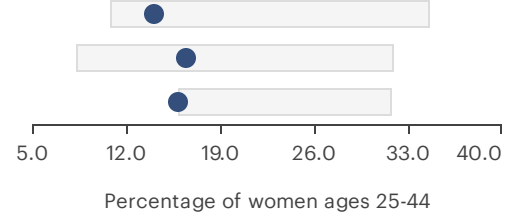
RACE/ETHNICITY

- American Indian/Alaska Native
- Hispanic
- White



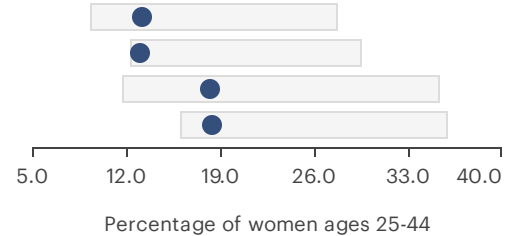
EDUCATION

- High School/GED
- Some Post-High School
- College Grad



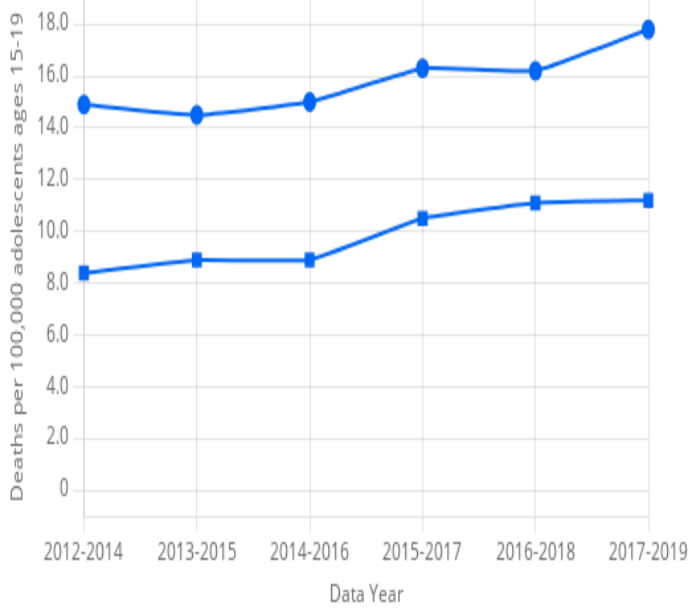
INCOME

- Less Than \$25,000
- \$25-\$49,999
- \$50-\$74,999
- \$75,000 or More



Data suppression rules are as defined by the original source.
Race and ethnicity populations are as defined by the original source.

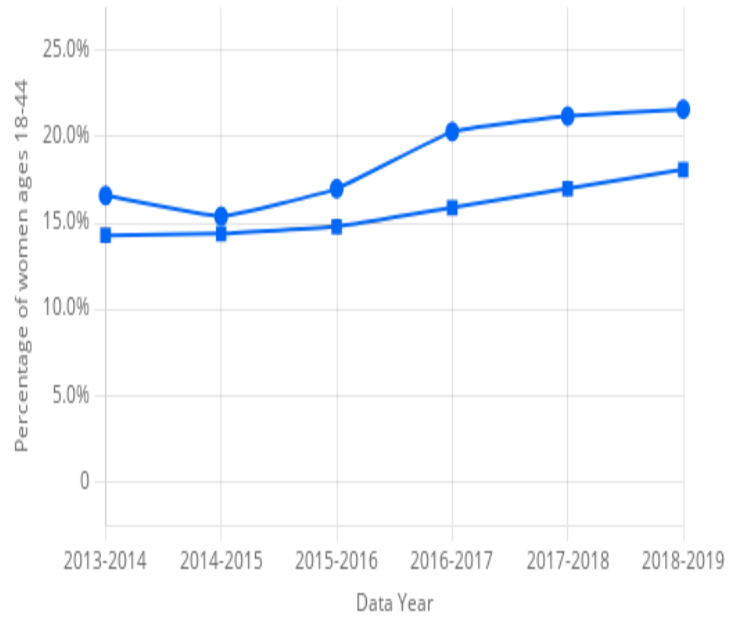
Trend: Teen Suicide, Oklahoma, United States



Number of deaths by suicide per 100,000 adolescents ages 15-19

● Oklahoma ■ United States

Trend: Frequent Mental Distress - Women, Oklahoma, United States



Percentage of women ages 18-44 who reported their mental health was not good 14 or more days in the past 30 days

● Oklahoma ■ United States